Main Results: New  $\beta$ -numbers and TST 000 0000000

# An Analyst's Traveling Salesman Theorem for sets of dimension larger than one

Jonas Azzam University of Edinburgh

May 18, 2017

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## Analyst's traveling salesman theorem



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## Analyst's Traveling Salesman Theorem

Theorem (Jones '90; Okikiolu, '92; Schul, '07) Let  $E \subseteq \mathbb{R}^n$ .

1. There is a curve  $\Gamma$  containing E so that

$$\mathscr{H}^{1}(\Gamma) \lesssim \left( \operatorname{diam} E + \sum_{\substack{Q \; dyadic \ Q \cap E \neq \emptyset}} \beta_{E}(3Q)^{2} \ell(Q) 
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2. Conversely, if  $\Gamma$  is a curve, then

$$\operatorname{diam} \Gamma + \sum_{\substack{Q \text{ dyadic} \\ Q \cap \Gamma \neq \emptyset}} \beta_{\Gamma} (3Q)^2 \ell(Q) \lesssim \mathscr{H}^1(\Gamma).$$

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Hence, for curves  $\Gamma$ , we have

$$\mathscr{H}^{1}(\Gamma) \sim \operatorname{diam} \Gamma + \sum_{\substack{Q \text{ dyadic} \\ Q \cap \Gamma \neq \emptyset}} \beta_{\Gamma} (3Q)^{2} \ell(Q).$$

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## Applications of the TST

### Theorem (Bishop, Jones, '90)

Harmonic measure on  $\Omega \subseteq \mathbb{C}$  simply connected is absolutely continuous w.r.t. arclength on  $\partial \Omega \cap \Gamma$ ,  $\Gamma$  any rectifiable curve.

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Theorem (Bishop, Jones, '97)

Let  $\Gamma \subseteq \mathbb{R}^2$  be a curve s.t.  $\beta_{\Gamma}(Q) > \varepsilon$  whenever Q is centered on  $\Gamma$  then  $\dim \Gamma > 1 + c\varepsilon^2$ .

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Theorem (A., Schul, '12)

There is C > 0 so that if  $\Gamma \subseteq \mathbb{R}^n$  is a connected set, there is  $\tilde{\Gamma} \supseteq \Gamma$ *C*-quasiconvex so that  $\mathscr{H}^1(\tilde{\Gamma}) \lesssim_n \mathscr{H}^1(\Gamma)$ .



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# Applications of the TST: $\ell^2$ -flatness

A set  $E \subseteq \mathbb{R}^n$  is *d*-rectifiable if it can be covered up to  $\mathscr{H}^d$ -measure zero by Lipschitz images of  $\mathbb{R}^d$ .

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Corollary (Bishop, Jones '90)

If Γ is a compact connected set, it is 1-rectifiable if and only if

 $\sum_{\substack{x \in Q \\ Q \text{ dyadic}}} \beta_{\Gamma} (3Q)^2 < \infty \text{ for } \mathscr{H}^1 \text{-a.e. } x \in \Gamma.$ 

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- However, this isn't enough to *imply* rectifiability.
- The corollary tells us that the flatness must be decaying fast enough to characterize rectifiability.
- It also gives us more information for rectifiable sets: Not only does β<sub>Γ</sub>(3Q) ↓ 0, but at a square summable rate!

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Main Results: New  $\beta$ -numbers and TST 000 0000000

## Higher dimensional $\beta$ 's are not adequate for TST

If  $E \subseteq \mathbb{R}^n$ ,  $d \leq n$ , and we define

$$eta^d_{E,\infty}(Q) = \inf \left\{ \sup_{x \in E \cap Q} rac{\operatorname{dist}(x,P)}{\ell(Q)} : P ext{ is a d-plane} 
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then the first direction of the TST holds for d = 2 (Pajot, '96) and for d > 2 under some assumptions (David-Toro, '12), but not the other.

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then the first direction of the TST holds for d = 2 (Pajot, '96) and for d > 2 under some assumptions (David-Toro, '12), but not the other.

#### Theorem (Jones, Fang)

There is a 3-dimensional Lipschitz graph  $\Gamma$  in  $[0, 1]^4$  so that

$$\sum_{\substack{Q\subseteq [0,1]^4 \ Q\cap E
eq \emptyset}}eta_{\Gamma,\infty}^3(3Q)^2\ell(Q)^3=\infty.$$

Thus, in generalizing either the TST or the Bishop-Jones corollary, we need a new  $\beta$ -number.

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# Dorronsoro's theorem, '85

Let 
$$f \in W^{1,2}(\mathbb{R}^d)$$
 and define (recall  $\int_B f d\mu = \frac{1}{\mu(B)} \int_B f d\mu$ )

$$\alpha(x,r) = \inf\left\{\left(\int_{B(x,r)} \left(\frac{f(y) - A(y)}{r}\right)^2 dy\right)^{\frac{1}{2}} : A \text{ is linear }\right\}$$

Then

$$||\nabla f||_2^2 \sim \int_{\mathbb{R}^d} \int_0^\infty \alpha(x,r)^2 \frac{dr}{r} dx.$$



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## TST for graphs

For  $S, E \subseteq \mathbb{R}^n$ , define

$$\beta_{E,2}^{d}(S) = \inf_{P \text{ a d-plane}} \left( \frac{1}{(\operatorname{diam} S)^{d}} \int_{S \cap E} \left( \frac{\operatorname{dist}(y, P)}{\operatorname{diam} S} \right)^{2} d\mathcal{H}^{d}(y) \right)^{1/2}$$

#### Theorem (Dorronsoro)

Let  $f : \mathbb{R}^d \to \mathbb{R}^{n-d}$  be L-Lipschitz (L very small) and  $\Gamma \subseteq \mathbb{R}^n$  be its graph. Then

$$\int_{\Gamma}\int_{0}^{\infty}\beta_{\Gamma,2}^{d}(B(x,r))^{2}\frac{dr}{r}d\mathscr{H}^{d}(x)\sim_{L}||\nabla f||_{2}^{2}$$

or equivalently,

$$\sum_{Q\cap\Gamma\neq\emptyset}\beta^d_{\Gamma,2}(3Q)^2\ell(Q)^d\sim_L||\nabla f||_2^2.$$

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# TST for graphs

For  $E \subseteq \mathbb{R}^n$  and S a cube or ball, define

$$\beta_{E,2}^{d}(S) = \inf_{P \text{ a d-plane}} \left( \frac{1}{(\operatorname{diam} S)^{d}} \int_{S \cap E} \left( \frac{\operatorname{dist}(y, P)}{\operatorname{diam} S} \right)^{2} d\mathcal{H}^{d}(y) \right)^{1/2}$$

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If supp  $f = B(0, R) \subseteq \mathbb{R}^d$ ,  $||\nabla f||_{\infty} \ll 1$ , and  $\Gamma$  is its graph over B(0, R),

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$$\begin{aligned} ||\nabla f||_2^2 &= \int_{B(0,R)} |\nabla f|^2 \sim \int_{B(0,R)} (\sqrt{1+|\nabla f|^2}-1) \\ &= \mathscr{H}^d(\Gamma) - w_d R^d \end{aligned}$$

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For  $E \subseteq \mathbb{R}^n$  and *S* a cube or ball, define

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If supp  $f = B(0, R) \subseteq \mathbb{R}^d$ ,  $||\nabla f||_{\infty} \ll 1$ , and  $\Gamma$  is its graph over B(0, R),

$$||\nabla f||_2^2 = \int_{B(0,R)} |\nabla f|^2 \sim \int_{B(0,R)} (\sqrt{1+|\nabla f|^2}-1)$$
$$= \mathscr{H}^d(\Gamma) - w_d R^d$$

Hence,

$$\mathscr{H}^{d}(\Gamma) \sim ||\nabla f||_{2}^{2} + w_{d}R^{d} \sim \int_{\Gamma} \int_{0}^{\infty} \beta_{\Gamma,2}^{d} (B(x,r))^{2} \frac{dr}{r} d\mathscr{H}^{d}(x) + (\operatorname{diam} \Gamma)^{d}.$$

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Main Results: New  $\beta$ -numbers and TST 000 0000000

## **David-Semmes Theorem**

#### Theorem

Let  $E \subseteq \mathbb{R}^n$  be Ahlfors d-regular, meaning

 $\mathscr{H}^d(B(x,r)\cap E)\sim r^d$  for all  $x\in E, r>0.$ 

Then the following are equivalent:

1.  $d\sigma := \beta_{E,2}^d (B(x,r))^2 dx \frac{dr}{r}$  is a **Carleson measure**, meaning  $\sigma(B(x,r) \times (0,r)) \leq Cr^d$  for all  $x \in E$  and r > 0.

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Main Results: New  $\beta$ -numbers and TST 000 0000000

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- 2. *E* is **uniformly rectifiable**: there is L > 0 so that for every  $x \in E$  and r > 0, there is  $f : A \subseteq \mathbb{R}^d \to \mathbb{R}^n$  *L*-Lipschitz so that  $f(A) \subseteq E \cap B(x, r)$  and  $\mathscr{H}^d(f(A)) \ge L^{-1}r^d$ .

Main Results: New  $\beta$ -numbers and TST 000 0000000

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- 2. *E* is uniformly rectifiable: there is L > 0 so that for every  $x \in E$  and r > 0, there is  $f : A \subseteq \mathbb{R}^d \to \mathbb{R}^n$  *L*-Lipschitz so that  $f(A) \subseteq E \cap B(x, r)$  and  $\mathscr{H}^d(f(A)) \ge L^{-1}r^d$ .

This is like the TST in the sense that it gives a condition for when **a big piece** of *E* is contained in a Lipschitz surface, rather than all of it.

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Main Results: New  $\beta$ -numbers and TST 000 0000000

How far we can get with  $\beta_{E,2}^d$ 

Theorem

Let  $E \subseteq \mathbb{R}^n$  have  $0 < \mathscr{H}^d(E) < \infty$ . Then E is d-rectifiable if (Tolsa, '15) and only if (A., Tolsa, '15)  $\int_0^1 \beta_{E,2}^2 (B(x,r))^2 \frac{dr}{r} < \infty$ .

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Main Results: New  $\beta$ -numbers and TST 000 0000000

# How far we can get with $\beta_{E,2}^d$

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Theorem (Edelen, Naber, Valtorta, '16) If  $\mu$  is Radon on  $\mathbb{R}^n$ ,  $\theta^d_*(\mu, x) \leq b$  and  $\int_0^1 \beta^d_{\mu,2}(B(x, r))^2 \frac{dr}{r} \leq M$  for  $\mu$ -a.e.  $x \in B(0, 1)$ , then  $\mu(B(x, r)) \leq (b + M)r^d$  for  $x \in B(0, 1)$ , r > 0.

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Main Results: New  $\beta$ -numbers and TST 000 0000000

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There are also other  $\beta$ -numbers defined for measures and results that characterize the 1-rectifiable structure of the measure (Badger and Schul,'16).

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Main Results: New  $\beta$ -numbers and TST 000 0000000

## What we'd like to do

Recall that the TST says a set *E* is contained in a curve of length at most

 $ext{diam} \, E + \sum_{\substack{Q ext{ dyadic} \ Q \cap \Gamma 
eq \emptyset}} eta_E(3Q)^2 \ell(Q)$ 

and the above is  $\lesssim \mathscr{H}^1(E)$  if *E* is a curve.

We'd like something like this to hold for a *d*-dimensional surface *E*, so we need a  $\beta$  number so that

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Main Results: New  $\beta$ -numbers and TST 000 0000000

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1. we don't need to assume *E* has finite *d*-measure (or any prescribed measure)

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Main Results: New  $\beta$ -numbers and TST 000 0000000

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- 1. we don't need to assume *E* has finite *d*-measure (or any prescribed measure)
- 2. we can deduce *E* has finite measure in terms of its beta numbers and bound its area,

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Main Results: New  $\beta$ -numbers and TST 000 0000000

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- 1. we don't need to assume *E* has finite *d*-measure (or any prescribed measure)
- 2. we can deduce *E* has finite measure in terms of its beta numbers and bound its area,
- 3. we can bound a square sum of  $\beta$  numbers in terms of  $\mathcal{H}^{d}(E)$ ,

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Main Results: New  $\beta$ -numbers and TST 000 0000000

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- 1. we don't need to assume *E* has finite *d*-measure (or any prescribed measure)
- 2. we can deduce *E* has finite measure in terms of its beta numbers and bound its area,
- 3. we can bound a square sum of  $\beta$  numbers in terms of  $\mathcal{H}^{d}(E)$ ,
- 4. we can't use  $\beta_{\infty}$ .

# A new $\beta$ -number

Recall that

$$\beta_{E,2}^{d}(S)^{2} = \inf_{\substack{P \text{ a d-plane}}} \frac{1}{(\operatorname{diam} S)^{d}} \int_{S \cap E} \left( \frac{\operatorname{dist}(y, P)}{\operatorname{diam} S} \right)^{2} d\mathcal{H}^{d}(y)$$
$$= \inf_{\substack{P \text{ a d-plane}}} \frac{1}{(\operatorname{diam} S)^{d}} \int_{0}^{\infty} \mathcal{H}^{d} \left( \left\{ x \in S \cap E : \left( \frac{\operatorname{dist}(y, P)}{\operatorname{diam} S} \right)^{2} > t \right\} \right) dt.$$

# A new $\beta$ -number

Recall that

$$\hat{\beta}_{E,2}^{d}(S)^{2} = \inf_{\substack{P \text{ a d-plane}}} \frac{1}{(\operatorname{diam} S)^{d}} \int_{S \cap E} \left( \frac{\operatorname{dist}(y, P)}{\operatorname{diam} S} \right)^{2} d\mathscr{H}_{\infty}^{d}(y)$$
$$= \inf_{\substack{P \text{ a d-plane}}} \frac{1}{(\operatorname{diam} S)^{d}} \int_{0}^{\infty} \mathscr{H}_{\infty}^{d} \left( \left\{ x \in S \cap E : \left( \frac{\operatorname{dist}(y, P)}{\operatorname{diam} S} \right)^{2} > t \right\} \right) dt.$$
Main Results: New  $\beta$ -numbers and TST  $\bigcirc \bigcirc \bigcirc$ 

## A TST for "nice" surfaces

Theorem (A., Schul) Let  $E \subseteq \mathbb{R}^n$  be so that for all  $x \in E$  and  $r \in (0, \text{diam } E)$ ,  $\mathscr{H}^d_{\infty}(E \cap B(x, r)) \ge cr^d$ .

Then

$$\mathscr{H}^{d}(E) \lesssim (\operatorname{diam} E)^{d} + \sum_{Q \cap E \neq \emptyset} \hat{\beta}^{d}_{E,2} (3Q)^{2} \ell(Q)^{d}.$$

Moreover, for "nice" surfaces,

$$(\operatorname{diam} E)^d + \sum_{Q \cap E \neq \emptyset} \hat{\beta}^d_{E,2} (3Q)^2 \ell(Q)^d \lesssim \mathscr{H}^d(E).$$

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Main Results: New  $\beta$ -numbers and TST 00• 000000

#### Nice surfaces

 $\epsilon$ -Reifenberg flat sets: Let  $\delta > 0$ ,  $E \subseteq \mathbb{R}^n$  be so that, for all  $x \in E$  and  $0 < r < \delta$  diam *E*, there is a *d*-plane  $P_{x,r}$  so that

 $\operatorname{dist}_{Haus}(E \cap B(x,r), P_{x,r} \cap B(x,r)) \leq \epsilon r.$ 

For these kinds of sets, we have

$$(\operatorname{diam} E)^d + \sum_{Q \cap E \neq \emptyset} \hat{\beta}^d_{E,2} (3Q)^2 \ell(Q)^d \sim_{\delta} \mathscr{H}^d(E)$$

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For these kinds of sets, we have

$$(\operatorname{diam} E)^d + \sum_{Q \cap E \neq \emptyset} \hat{\beta}^d_{E,2} (3Q)^2 \ell(Q)^d \sim_{\delta} \mathscr{H}^d(E)$$

**Proof:** Let  $\mathscr{D}_k$  denote Christ-David cubes on *E* of sidelength *k*. Let  $\mathscr{D} = \bigcup \mathscr{D}_k$ , and for  $Q \in \mathscr{D}$ , let  $B_Q$  be a large ball around *Q*.

If  $Q_0 \in \mathscr{D}_0$  and  $\varepsilon > 0$  small enough, we'll show

$$\sum_{R\subseteq Q_0}\hat{\beta}_E(B_Q)^2\ell(R)^d\lesssim \mathscr{H}^d(E).$$

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# Sketch of proof for Reifenberg flat sets

• Let  $P_Q$  be the best approximating plane to E in  $B_Q$ .

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Main Results: New  $\beta$ -numbers and TST  $\bigcirc \bigcirc \bigcirc$ 

## Sketch of proof for Reifenberg flat sets

- Let  $P_Q$  be the best approximating plane to E in  $B_Q$ .
- Construct S<sub>0</sub> ⊆ D by putting Q<sub>0</sub> ∈ S and adding Q ∈ D to S if its parent is in S and ∠(P<sub>Q</sub>, P<sub>Q<sub>0</sub></sub>) < α. Remove a few bottom cubes so that minimal cubes in S close to each other have comparable sizes. Let Stop(1) be these minimal cubes and Total(1) = S<sub>0</sub>.

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Main Results: New  $\beta$ -numbers and TST  $\bigcirc \bigcirc \bigcirc$ 

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- For each  $R \in Stop(N)$ , make a stopping-time region  $S_R$  by putting  $R \in S_R$  and adding cubes Q to  $S_R$  if Q's parent is in  $S_R$  and if  $\angle(P_Q, P_R) < \alpha$ . Again, remove some minimal cubes, then let

$$Stop(N+1) = \bigcup_{R \in Stop(N)}$$
 minimal cubes in  $S_R$ .

Total(N + 1) = cubes not contained in any cube from Stop(N + 1).

Main Results: New  $\beta$ -numbers and TST  $\bigcirc \bigcirc \bigcirc$  $\bigcirc \bigcirc \bigcirc \bigcirc$ 

• We can use David-Toro to construct a surface  $E_N$  so that

$$\operatorname{dist}(x, E_N) \lesssim \inf_{x \in Q \in \operatorname{Total}(N)} \epsilon \ell(Q) \quad \text{for all } x \in E$$

and  $E_N$  is a  $C\varepsilon$ -Lip graph near Q (i.e. in  $B_Q$ ) over  $P_Q$ .

• If we never stop over x in our N-th stopping time,  $x \in E_N \cap E$ .



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Main Results: New  $\beta$ -numbers and TST  $\bigcirc \bigcirc \bigcirc$  $\bigcirc \bigcirc \bigcirc \bigcirc$ 

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- If we never stop over x in our N-th stopping time,  $x \in E_N \cap E$ .
- For Q ∈ Stop(N), Γ<sup>N</sup><sub>Q</sub> := B<sub>Q</sub> ∩ E<sub>N+1</sub> is a graph above B<sub>Q</sub> ∩ P<sub>Q</sub> with respect to a Cα-Lipschitz function A<sup>N</sup><sub>Q</sub> : P<sub>Q</sub> → P<sup>⊥</sup><sub>Q</sub>.



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- If we never stop over x in our N-th stopping time,  $x \in E_N \cap E$ .
- For  $Q \in Stop(N)$ ,  $\Gamma_Q^N := B_Q \cap E_{N+1}$  is a graph above  $B_Q \cap P_Q$  with respect to a  $C\alpha$ -Lipschitz function  $A_Q^N : P_Q \to P_Q^{\perp}$ . Note that

 $|DA_Q^N| \gtrsim \alpha \chi_{\pi_{P_Q}(R)}$  when  $R \in Stop(N+1)$ .



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## Sketch of proof for Reifenberg flat sets

Lemma

 $\sum_{N}\sum_{Q\in Stop(N)}\ell(Q)^{d}\lesssim \mathscr{H}^{d}(E).$ 

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Main Results: New  $\beta$ -numbers and TST 000 000000

### Sketch of proof for Reifenberg flat sets

Lemma

$$\sum_{N}\sum_{Q\in Stop(N)}\ell(Q)^{d}\lesssim \mathscr{H}^{d}(E).$$

• Say  $Q \in Type(1, N)$  if  $Q \in Stop(N)$  and

 $\mathscr{H}^{d}(\Gamma_{Q}^{N}) - |B_{Q} \cap P_{Q}| < C \varepsilon \ell(Q)^{d}.$ 

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Then for  $\varepsilon \ll \alpha$ ,

$$\sum_{\substack{R \in Stop(N+1)\\R \subseteq Q}} \ell(R)^d \lesssim \int_{P_Q} \chi_{\pi_{P_Q}(R)} \lesssim \alpha^{-2} \int_{P_Q} |DA_Q^N|^2$$
$$\sim \alpha^{-2} (\mathscr{H}^d(\Gamma_Q^N) - |B_Q \cap P_Q|) < \frac{C\varepsilon}{\alpha^2} \ell(Q)^d \ll \ell(Q)^d$$

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• If  $Z(Q) \subseteq Q$  are points not contained in a cube from Stop(N+1),

$$\sum_{N} \sum_{Q \in Type(1,N)} \ell(Q)^{d} \lesssim \sum_{N} \sum_{Q \in Type(1,N)} \mathscr{H}^{d}(Z(Q)) \leq \mathscr{H}^{d}(E).$$

51/60

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### Sketch of proof for Reifenberg flat sets

• Say  $Q \in Type(2, N)$  if  $Q \in Stop(N)$  and

 $\mathscr{H}^d(\Gamma^N_Q) - |B_Q \cap P_Q| \geq C \varepsilon \ell(Q)^d.$ 

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Main Results: New  $\beta$ -numbers and TST 000

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• Define a map  $F_N : E_N \to E_{N+1}$  by "looking up at  $E_{N+1}$  from  $E_N$ ".

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- Define a map  $F_N : E_N \to E_{N+1}$  by "looking up at  $E_{N+1}$  from  $E_N$ ".
- $\mathscr{H}^{d}(\Gamma_{Q}^{N}) \approx \mathscr{H}^{d}(F_{N}(B_{Q} \cap E_{N}))$  and  $|B_{Q} \cap P_{Q}| \approx \mathscr{H}^{d}(B_{Q} \cap E_{N})|$  for  $\varepsilon > 0$  small, and so for *C* large

$$\mathscr{H}^d(F_N(B_Q\cap E_N))-\mathscr{H}^d(E_N\cap B_Q)>arepsilon\ell(Q)^d.$$

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$$\mathscr{H}^{d}(F_{N}(B_{Q}\cap E_{N}))-\mathscr{H}^{d}(E_{N}\cap B_{Q})>\varepsilon\ell(Q)^{d}.$$

Then

$$\sum_{Q \in Type(2,N)} \ell(Q)^d \lesssim_{\varepsilon} \sum_{Q \in Type(2,N)} (\mathscr{H}^d(F_N(B_Q \cap E_N)) - \mathscr{H}^d(E_N \cap B_Q))$$
$$= \sum_{Q \in Type(2,N)} \int_{B_Q \cap E_N} (J_{F_N} - 1) \lesssim \int_{E_N} (J_{F_N} - 1)$$
$$= \mathscr{H}^d(E_{N+1}) - \mathscr{H}^d(E_N)$$

55/60

Main Results: New  $\beta$ -numbers and TST 000

#### Sketch of proof for Reifenberg flat sets

• Say  $Q \in Type(2, N)$  if  $Q \in Stop(N)$  and

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- Define a map  $F_N : E_N \to E_{N+1}$  by "looking up at  $E_{N+1}$  from  $E_N$ ".
- $\mathscr{H}^{d}(\Gamma_{Q}^{N}) \approx \mathscr{H}^{d}(F_{N}(B_{Q} \cap E_{N}))$  and  $|B_{Q} \cap P_{Q}| \approx \mathscr{H}^{d}(B_{Q} \cap E_{N})|$  for  $\varepsilon > 0$  small, and so for *C* large

$$\mathscr{H}^{d}(F_{N}(B_{Q}\cap E_{N}))-\mathscr{H}^{d}(E_{N}\cap B_{Q})>\varepsilon\ell(Q)^{d}.$$

Then

$$\sum_{Q \in Type(2,N)} \ell(Q)^{d} \lesssim_{\varepsilon} \sum_{Q \in Type(2,N)} (\mathscr{H}^{d}(F_{N}(B_{Q} \cap E_{N})) - \mathscr{H}^{d}(E_{N} \cap B_{Q}))$$
Maybe  $J_{F_{N}} - 1 < 0! = \sum_{Q \in Type(2,N)} \int_{B_{Q} \cap E_{N}} (J_{F_{N}} - 1) \lesssim \int_{E_{N}} (J_{F_{N}} - 1)$ 

$$= \mathscr{H}^{d}(E_{N+1}) - \mathscr{H}^{d}(E_{N}) + Error(N)$$

# Sketch of proof for Reifenberg flat sets

• Use Dorronsoro to show

$$\sum_{R \in S_Q} \beta_{\Gamma^N_Q} (3R)^2 \ell(R)^d \lesssim \ell(Q)^d \text{ whenever } Q \in Stop(N).$$

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# Sketch of proof for Reifenberg flat sets

• Use Dorronsoro to show

$$\sum_{R \in S_Q} \beta_{\Gamma_Q^N} (3R)^2 \ell(R)^d \lesssim \ell(Q)^d \text{ whenever } Q \in Stop(N).$$

• These approximate

$$\sum_{R \in \subseteq Q_0} \beta_E (3R)^2 \ell(R)^d = \sum_N \sum_{Q \in Stop(N)} \sum_{R \in S_Q} \beta_E (3R)^2 \ell(R)^d$$
$$\lesssim \sum_N \sum_{Q \in Stop(N)} \sum_{R \in S_Q} \beta_{\Gamma_Q^N} (3R)^2 \ell(R)^d + Error$$
$$\lesssim \sum_N \sum_{Q \in Stop(N)} \ell(Q)^d + Error$$
$$\lesssim \mathscr{H}^d(E).$$

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Main Results: New  $\beta$ -numbers and TST 000 0000000

# Future Work

- 1. Most quantitative rectifiability results are for Ahlfors regular sets, but maybe we don't need this.
- 2. What other kinds of sets are "nice"?

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Main Results: New  $\beta$ -numbers and TST 000 000000

Thanks!

An analyst's traveling salesman theorem for large dimensional objects. Jonas Azzam 18 May 2017

Theorem (Bishop, Jones, '90) Harmonic measure on REC simply connected is absolutely continuous w.r.t. arclengthon DRAT. P any rectisiable curve.



TST : E is contained in a curve of length at most diam  $E + \sum_{\substack{\alpha \in \mathcal{A}, \alpha \in \mathcal{A}}} \beta_E(3\alpha)^2 l(\alpha)$ and the above is  $\alpha \wedge \Gamma \neq \phi$ SH'(E) if E is a curve

Semmes Surfaces





